

A black and white photograph of two men's profiles facing each other, with their noses nearly touching. The image is split vertically down the middle by a thin white line. The background is a light, neutral color.

2020 Edition

Big Gay Family
SOCIAL PROGRAM

Guide To Introductions Inside BGF

BigGayFamily.com

Big Gay Family

SOCIAL PROGRAM

Friends,

I am very excited to share with you this guide to help you easily connect with others in the program.

Because the main challenge for gay men is to create authentic connections, **everything in the program is centered around the process of creating and maintaining an authentic connection.**

We want to activate your Human Glue inside the introduction process and help you feel pleasure from connecting to other members.

This is why the introduction process has multiple stages, recommendation to postpone photo sharing and different levels of communication.

The main purpose of the introduction process is:

- to help you easily connect with as many members as possible.
- to show you that real friendships and relationships are possible.

So, let's get started!

- Paul



PAUL ANGELO
SMART IDEAS FOR GAY LIFE
Dating | Love | Marriage

New Updates

New Roles: Leader & Participant

Conversation Starters

Deep Dive Topics

Beyond The Basics Topics

25 Smart Questions

Affirmations For Love

Communication Dyads

Self-Coaching Questions

Relationship Toolbox

Visitations

The Goal Of The Introductions

The goal of the introduction process inside BGF is to practice effective relationship building mindsets, habits and approaches so that authentic connections are born.

The design of the introduction process has one main intent – to create a psychological connection as fast as possible and as easily as possible.

The Challenge

Most of us come across lots of men in our lives, but how many do we actually connect with? Very few! Why? Because our culture does not teach how to connect and how to love. For example, men are programmed to approach relationships through arousal instead of integrity!

Our culture does not teach how to connect and how to love.

The Solution

A human connection is a psychological process that requires a special mix of ingredients – high quality interactions, a healthy social environment and structure.

An authentic connection cannot be faked. It has to be built with something real – something self-evident - a demonstration of care.

So, after several years of research and testing, we arrived at the structure that you see today in the program.

When you follow the structure of each call you send the signal to the other person that you are agreeable, you follow the rules, you are punctual, you are reliable, you do what you say you will do – and as a result – he feels safe and connected to you.

What takes many years to learn about a person is quickly experienced in a short sequence of calls. After only a few calls you will notice feeling warm and happy. You will notice an experience of closeness because each person senses the involvement of the other.

You get depth, meaning, and sophistication all in one. This is how the program can radically change the way you meet men and connect with them.

Each member gets introductions and communications tools to make connections happen. And because you are inside a private community, you feel safe to explore even more.

And here is the best part - what you learn in the program will help you with future relationships and your future marriage.

Most men who enter the BGF program will take some time to shed old habits and practice the new ones. You should give yourself three months to incorporate the new habits into your life before seeing changes in how you connect to others inside and outside of the program.

The Truth

With each introduction, the focus should be on the ability to create a connection. If after five introductions, you are not connecting, the issue is not the other members, but your beliefs, communication style or the approach.

Your Social Family

When you graduate from the program, out of 24 introductions, you should have built at least 6 meaningful relationships. These men are your Social Family. This is **Your Mission** in the program. The introduction process is designed to help you succeed.

Your Mission

Your mission in the program is to build your **Social Family** consisting of six gay men that you have met while enrolled. You get 24 introductions to help you build your Social Family and it usually takes 12 months to meet enough men and connect with the ones you like.



These men will be your new best friends, activity partners, romantic lovers, and regular friends. You will get lots of tools to help you succeed.

Breakdowns & Breakthroughs

Conflicts and miscommunications will occur. A conflict is simply a breakdown between reality and your expectations. Everyone brings into the program his share of irrational expectations and desires. They will have to confront the reality of their expectations to align towards authentic relationships. This is where change has to occur.

Breakdowns are simply those things that needed to be handled to realize your change, especially if that change was avoided for many years.

You can either allow the breakdown to return to the status quo or, you can use the breakdown as an opportunity to breakthrough - to move forward in your commitments to change and to live your new future.

In the world of coaching, breakdowns are a good thing, an opportunity for a breakthrough. Facilitating breakthroughs is a big part of your participation in the program. Every member of the program is asked to accept the cycle of breakdowns and breakthroughs and to allow him to move the transformation forward.

During the introduction process, it is the Leader's responsibility to facilitate breakdowns as they happen. To do that the Leader will use the Nonviolent Communication Framework. (See Recommended Reading Section)

Rewards

Every member will be rewarded for their efforts in maintaining order and structure during each introduction. The rewards are:

- Invitation to private trips with other gay men who are doing well in the program.
- Free coaching sessions about advanced concepts.
- The Gay Genius Creativity Journal.
- Opportunity to become a Guardian.
- Opportunity to become a Community Leader.
- Free extensions of membership.

Guardians And Community Leaders

In 2020, we will be adding two additional roles: Guardians and Community Leaders. These roles are available to anyone who wants to take their life to another level of fulfillment – by making a difference and co-building a community of gay men inside the Big Gay Family Social Program.

These roles are assigned by Paul after a year of membership in the program. These roles give you free access to all features of the program for as long as you remain a Guardian and Community Leader. If you are interested in those leadership positions, please let Paul know.

Visitations

After 90 days of interactions, both men can entertain the possibility of visitation. A visitation is an invitation to visit each other homes and stay for a weekend. The purpose of visitation is to get to know each other better and to practice relatedness in person. When a member visits another, the host takes care of the activities during the weekend.

When you are enjoying getting to know another member in the program, after 90 days of interactions, simply ask about the possibility of visitation. If you can have guests in your house, share that you are open to him visiting you.

Visitations are a nice way of helping you get to know each other better and to practice the skill of connecting.

To Your Success!

In the program, you have a chance to transform who you are and how you show up in the world.

Every interaction inside the program can be a continuation of past habits and mindsets or it can be an invitation to a higher level of caring for yourself and other gay men.

You can stay how you are or you can become a role model and a leader.

If something is unclear, please use your wisdom to “read between the lines”. In this Guide, I give you an idea and you can go with it and implement it with your custom style. I am sure you will have lots of questions, and I am sure some of you will be confused.

That is all okay – because during the introduction process you will be both involved in solving all puzzles together. It will be fun and exciting for both of you.

But let me tell you with confidence – when you use the tools in this Guide – you will experience those very rare moments most people dream about!

So – let’s do this together and let’s bring love and magic into our lives.

Paul Angelo